

DO WHAT YOU LOVE, LOVE WHAT YOU DO...

**“DISCOVERING YOUR
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PURPOSE IS LIKE
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Last week, I had a conversation with my dear friend, Lei Wang who is the first Asian Woman to complete the Explorer’s Grand Slam - reaching the Summits of the Highest Mountains on 7 Continents (including Mount Everest) and both Poles.

During our conversation, I learned that Lei did something in 2004 that many of us would hesitate to even consider; she left a very successful career in the corporate world of finance to align her true purpose and passion.

Discovering your passion and purpose is like finding the guiding light for your life’s voyage. It involves harmonizing your endeavors with your core values and deepest yearnings, paving the way to true contentment and inner harmony. The quest begins with deep self-reflection.

Consider what truly sets your heart on fire, which activities make hours seem like minutes, and what natural talents you possess. Notice those moments when you’re so absorbed in an activity that everything else fades into the background, as these moments hint at your true passions and purpose.

Once you have pinpointed these, consciously incorporate them into your life. This might mean furthering your education, seeking guidance from mentors, or even taking the bold step of changing careers.

The road to living your passion isn’t always straight; it meanders, offering lessons and insights along the way. Yet, with every step, you draw closer to a life that is authentically yours, filled with joy and satisfaction. Aligning your daily actions with your passion and purpose fosters a deep sense of fulfillment. Every day opens up the possibility to do work that excites you and makes your heart sing.

As Lei shared with me about reaching the Summits of those 7 mountains, during one’s personal journey, you will undoubtedly face obstacles, but your profound connection to your purpose will give you the strength to overcome them.

Achieving a clear sense of purpose means you’re not just working; you’re engaging in activities that stimulate personal growth, allow for meaningful contributions, and lead to deep fulfillment. Thus, when your passion and purpose overlap, you turn the key to a life overflowing with purpose, achievement, and unbridled happiness.

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